



**York College**  
**Physician Assistant Program**  
94-20 Guy R. Brewer Blvd SC-112  
Jamaica, NY 11451

Course Instructors:  
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**History and Physical Verification Form**

**Class:** Physical Diagnosis I (HPPA 502)

**Student Expectation:**

- Obtain medical history and perform physical exam up to the point covered in class.
- Oral presentation to clinical site supervisor/preceptor

**Student:** Lucas Cavalier

**Clinical Site:** New York Presbyterian Queens Internal Med

**Date of Visit:** 10/9/18

**Activity performed:** History

**Supervisor:** Susan Ann Denn, PA-C, MPAS  
Administrative Chief Physician Assistant  
Department of Medicine

**Name and Credentials:** Susan Ann Denn PA-C, MPAS

**Supervisor Signature:** \_\_\_\_\_

**Supervisor Comments:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Identifying Data

Lucas Cavalier

Name: B.P.

10/9/18

Address: Fairview Nursing Home

DOB: 1MAR1930

Date: 9OCT18 @ 0945

Location: N.Y Presbyterian Queens

Religion: UNKNOWN

Source of Information: Self

Source of Referral: Nursing home (Fairview)

Chief Complaint: "I fell trying to help move my wife 3-4 weeks ago"

HPI - 88 y/o caucasian male w/ PMH CHF, Afib, CAD, HTN, thyroid disorder and BPH sent from Fairview Nursing Home for evaluation of bladder distention and dark red urine w/ chronic urinary catheter. Pt is disorganized on interview. States he "fell" on both knees; fat 3-4 weeks ago. No pain today but points to "scabs" on knees and feet. Pain scale is 0/10 and has no other complaints today. Noted history of dementia at baseline. Denies edema, shakiness at abaxone sites, numbness, paresthesias, dysesthesias, hyperesthesias joint pain, arthritis

SEE EMAIL

Past Medical History:

~~Present illnesses - Denies any present illnesses~~

~~Past medical illnesses - Denies any past medical illnesses~~

Hospitalization: Current Since 2OCT18.

Childhood Illnesses - Chicken pox age 15

Immunizations: Denies knowledge

Screening Exams: Denies knowledge

CHF (TYPE?)  
A-FIB (TYPE?)  
ANTI COAGULATED?  
HTN  
THYROID DISEASE (HYPO?)  
BPH  
DEMENTIA



Past Surgical history

Denies ever having surgeries

Medications:

Tylenol 325mg ii PO @ 0900 for headache.

THERE MUST BE MORE!

IF UNABLE TO OBTAIN DOCUMENT

"UNABLE TO OBTAIN"

ALL: NKOA ✓

Denies environmental and food allergies ✓

Family History:

Son - 45-50 y/o (unknown exact age) Healthy

✓ Mother - deceased age 85 possible Cardiovascular disease

Father - deceased age 92. possible Cardiovascular disease

PT does not remember parents medical hx.

Social Hx:

✓ TOB use: Quit 2 yrs ago, cigar Qd. x 10 yrs. Denies

Smoking before

ETOH: 1-2 beers per week. ABOUT HOW MANY YEARS? ISSUES WITH

Exercise: Light walking around neighborhood. SUBSTANCE OR?

ETOH ABUSE?

Diet: "regular" This was as far as I got

the nurses instructed me to leave so they could replace the pt's med line.

Review of Systems:

✓ General - denies recent weight gain/loss, loss of appetite, generalized weakness, fever or chills or night sweats

✓ Skin/hair, nails - denies changes in texture, excessive dryness/sweaty discoloration, pigmentation, moles/rashes, pruritus, or changes in hair distribution

well



## ROS (cont)

Lucas Cavalier

Head - Denies headache, vertigo, head trauma ✓

Eyes: Denies visual acuity problems, blurry vision, diplopia, ✓

Scotoma, photophobia, pruritus, glasses/contacts, last eye exam 3 months ago ✓

Ears: Denies dizziness, pain, discharge, tinnitus, hearing aids ✓

Nose: Sinuses - Denies discharge, epistaxis, obstruction ✓

Mouth/Throat: Denies bleed gums, sore throat, sore tongue, ✓

mouth ulcers, voice changes or use of dentures. **LAST DENTAL EXAM?** ✓

Neck: Denies localized swelling/lumps or stiffness/decreased range of motion ✓

Breast: Denies lumps, nipple discharge, pain. ✓

Pulmonary system: Denies dyspnea, dyspnea on exertion, cough, wheezing ✓

hemoptysis, cyanosis, orthopnea, paroxysmal nocturnal dyspnea ✓

Cardiovascular System - Denies chest pain, angina, palpitations, murmurs ✓

dysrhythmias. **IRREGULAR HR**

Gastrointestinal system: Denies nausea/vomiting/diarrhea, abdominal pain. ✓

Denies change in appetite, intolerance to specific foods, dysphagia. ✓

unusual flatulence, eructations, jaundice, hemorrhoids, constipation. ✓

rectal bleeding.

Genitourinary system: Denies urinary frequency/urgency, nocturia ✓

oliguria, polyuria, dysuria, incontinence **ASSURE**

Nervous System - Denies seizures, headache, loss of consciousness ✓

sensory disturbances ataxia, loss of strength. See HPI for numbness etc. ✓

Musculoskeletal - See HPI ✓

Peripheral Vascular System: Denies coldness/trophic changes, varicose ✓

veins, peripheral edema or color changes ✓

Hematological - Denies anemia, easy bruising, bleeding, lymph ✓

node enlargement, blood transfusions or hx of OVT **PE** ✓

Endocrine: Denies polyuria, polydipsia, polyphagia, heat/cold intolerance ✓

excessive sweating or jitter ✓

psychiatric: Denies depression/sadness, anxiety, OCD or mental health tx ✓



## Physical

General: Slender male, mildly agitated, supine  $\bar{c}$  head of bed elevated. ~~ZV noted in Right~~  
~~axilla.~~ IN ANY DISTRESS?

USUALLY USED WITH SUSPICION OF PVD OR ANEMIA

BE MORE SPECIFIC WITH QUANTITY

Skin: Pallor throughout. Noted multiple 2-3.

CIRCULAR?  
LINEAR?

abrasions scabed over approximately 2-3cm in diameter located at Right knee and Right great toe. No discharge/odor noted. Cap refill less than 2 Sec. ~~THROUGHOUT~~ ~~DEREHEMA?~~

MEDIAL?  
LATERAL?  
PLANTAR?

Vitals: Fowler Position. Right arm Left arm

BP 112/76

122/80

P - 96

RR - 18

Temp 37.4

WHERE?

Eyes: Eye-brows symmetrical. No noted ptosis. Sclera white, PERRL. EOM intact no nystagmus. Funduscopil exam: Vessels sharp, optic disc intact  $\bar{c}$  1:2 cup/disc ratio. No AV nicking or cotton-wool spots.